

All practices are held at the [Marina Pool](#) at 180 Island Blvd. Times may be subject to change, with notification through our text reminders. Remember, we swim in the rain!

Tiger Shark After School Practices

Afternoon practices **during the school year** are Monday thru Friday.

Age Group	Monday-Friday
6 & Under	4:30 - 5:10 PM
7 & 8	5:10 - 5:50 PM
9 & 10	5:10 - 5:50 PM
11 & 12	5:50 - 6:40 PM
13 & Up	6:40 - 7:40 PM



Tiger Shark Morning Practices

Morning practices are held daily except for Tuesdays following a meet.

Age Group	Mon	Tues	Wed - Fri
6 & Under	9:00 - 9:30 AM	Off	8:15 - 8:55 AM
7 & 8	9:00 - 9:30 AM	Off	8:15 - 8:55 AM
9 & 10	9:30 - 10:00 AM	Off	8:55 - 9:35 AM
11 & 12	9:30 - 10:00 AM	Off	9:35 - 10:25 AM
13 & Up	8:30 - 9:00 AM	Off	7:15 - 8:15 AM

Note: If your child is unable to make a SWIM MEET, it is very important that you let us know in advance. It is difficult to adjust the heat sheets during the meet, and confusing for the swimmers. Please notify us about meet attendance by clicking the "Meet Entry" button for each meet on the season schedule.